

MALDON &  
DISTRICT



## **Maldon and District Community Voluntary Service**

Our role in shaping Creative Health for  
Neighbourhoods



## Who we are

Maldon and District CVS is a registered charity working to support the voluntary sector and community connectivity across the Maldon District.

Support includes:

- Charity consultancy services
- **Championing volunteering and providing a volunteer brokerage platform**
- **Representation and voice of the sector**
- **Networking and partnership opportunities**
- Community based projects supporting community connectivity

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# Championing Volunteering

As a leading partner in the Volunteer Essex Network Maldon and District CVS believes that volunteering is a vital ingredient in building strong communities and contributing to wellbeing.

**Volunteering is consistently linked with better individual and community health outcomes.**

- Improved mental wellbeing
- Better physical health
- Reduced loneliness and stronger social ties
- Greater sense of purpose
- Increased connection to “place”

These outcomes directly support public health priorities around prevention, social connection, and reducing health inequalities.

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# Representation and Voice

As a trusted local partner, Maldon and District CVS brings the voices of local charities and community groups into key strategic conversations, helping shape decisions that strengthen our neighbourhoods and support local wellbeing.

Member of

- One Maldon District Partnership Board
- Mid Essex Health Alliance
- Responsible Authorities Group
- Maldon Livewell group
- Integrated Neighbourhood Group



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# Networking and partnership opportunities

Maldon and District CVS creates and connects people to a range of networking and partnership opportunities, strengthening peer support, shared learning, and collective impact.

Including:

- Maldon District Trustee Network
- Community Networking Forums
- The Community Hub Network
- Maldon District Suicide Prevention group
- Maldon District Dementia Friendly Communities
- Essex Shed Network
- Essex Community Food Network



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Why the Voluntary and Community Sector is essential  
for Creative Health for Neighbourhoods

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Trusted community presence



First to see emerging needs



Reaching people who don't engage



Creating a connection to place



Everyday informal prevention

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# Health Through Everyday Connections

Health seen through the lens of:

- Connection
- Purpose
- Informal support
- Creativity & participation
- Community groups provide these protective factors naturally



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What we could do for Creative Health in Neighbourhoods

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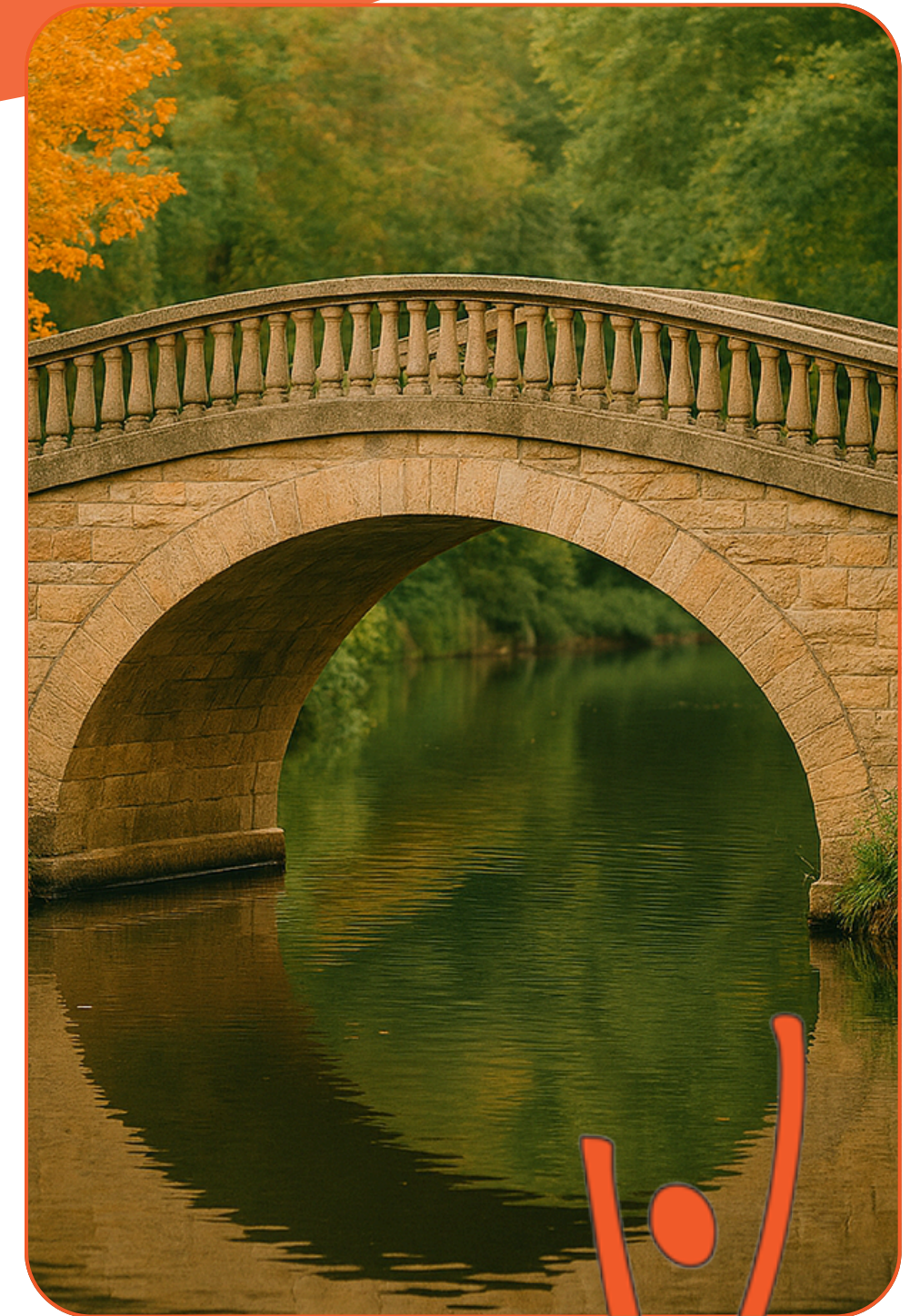
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# What we could do for Creative Health in Neighbourhoods

MDCVS could support Creative Health partners by:

- Creating a Creative Health Network for the district
- Ensuring grassroots impact is represented in strategy development
- Helping community groups grow through charity management support
- Showcasing impact through case studies and monitoring
- Advocating for investment in creative health



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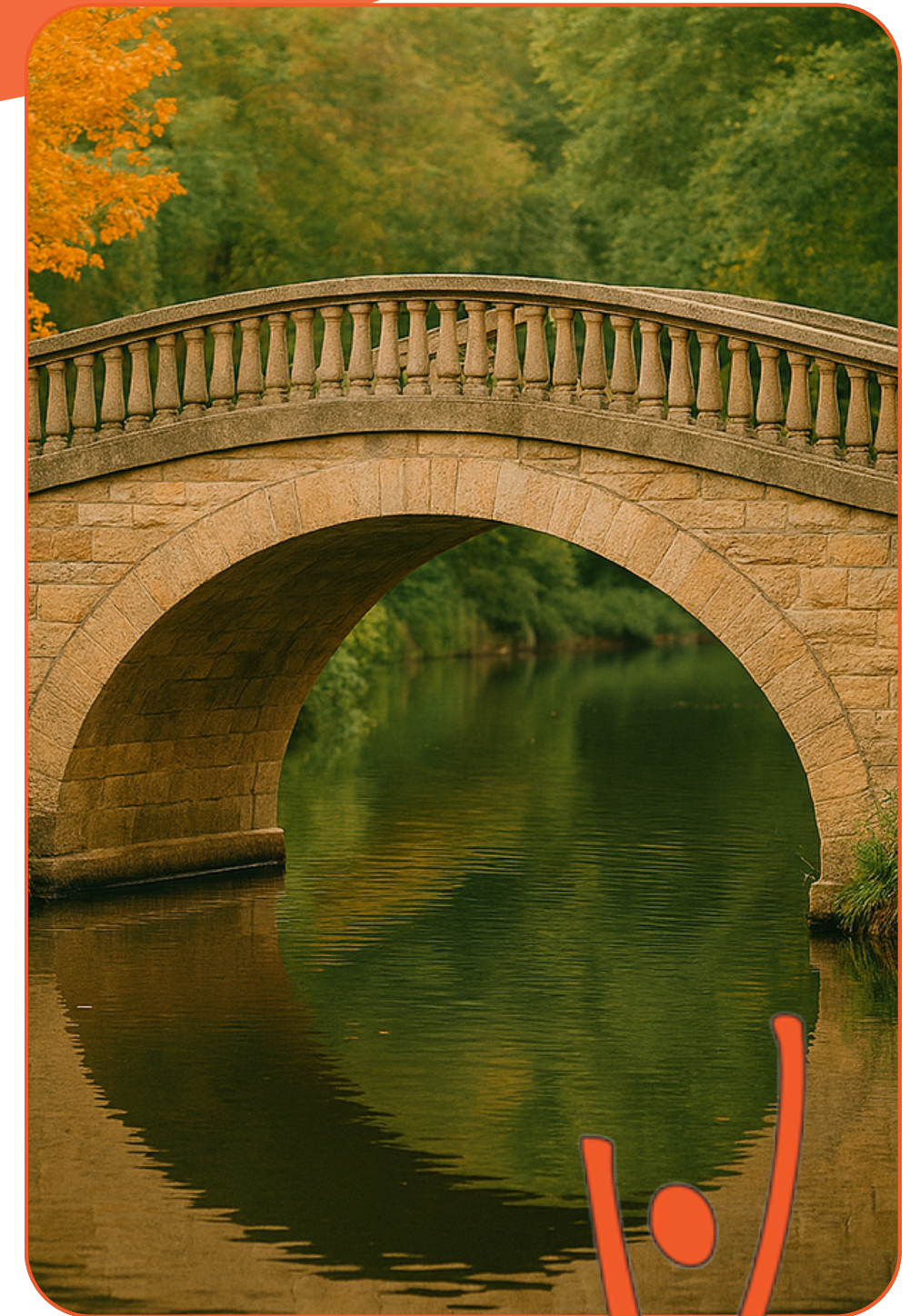
# What we could do for Creative Health in Neighbourhoods

Advocating for investment in Creative health:

- Seed funding for innovation
- Reducing barriers for grassroots groups
- Creating equitable access
- Building a shared evidence base
- Unlocking match funding
- Supporting long-term sustainability
- Investment in place

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# Next steps



Use the workshops to tell us what is important and share your thoughts



Sign up to join a Creative Health Network

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