



One Maldon District Partnership working

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Summary

- 1) One Maldon District Partnership approach
- 2) Health as a concept
- 3) Working with community groups to improve conditions for health across the district



One Maldon District Partnership



Examples of key partners:

- Essex Police
- Essex Fire and Rescue
- Essex County Council – children’s and adult’s services
- Maldon and District CVS
- Active Essex
- NHS – Integrated Care Board
- Maldon District Council



One Maldon District Partnership



500+ partners across community and voluntary, primary care, NHS, social care, mental health partners, parishes



Health – overview



health

noun [U]

UK  /helθ/ US  /helθ/

Add to word list 

A2

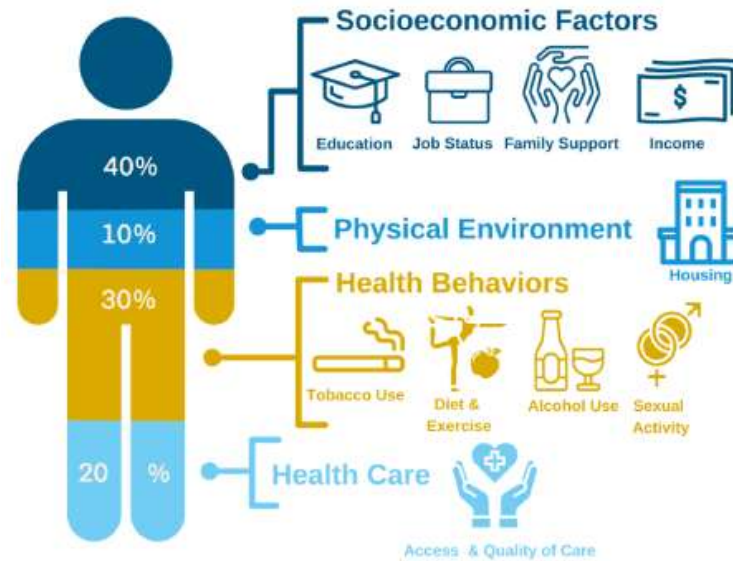
the condition of the body and the degree to which it is free from illness, or the state of being well:

- *to be in good health*
- *Regular exercise is good for your health.*
- **poor health** *He gave up work because of poor health.*
- *I had to give up drinking for health reasons.*

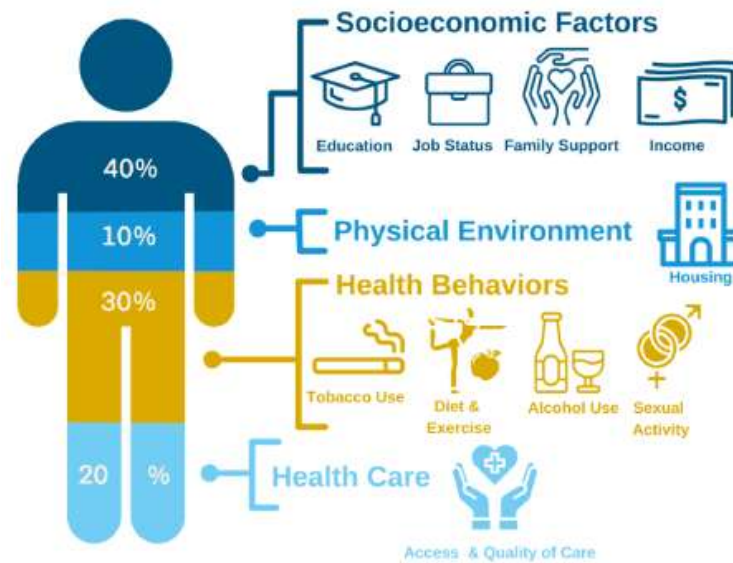
Health semantics in current policy

Examples:

- **Healthcare** – clinical, “patients”
- **Public health** – i.e., maximising the opportunity for “residents” to lead healthy lives
- **Prevention, Population health**
- **Physical health, Mental health, Wellbeing**
- **Wider determinants of health** – “health in all policies” economy, environment, education, planning, etc.
- **Health creation, Creative health**



County Health Rankings model – framework to understand how social, economic, and behavioural factors shape community health



Help us to understand how **culture** is interwoven into this way of thinking



Working with community partners

Health – working together

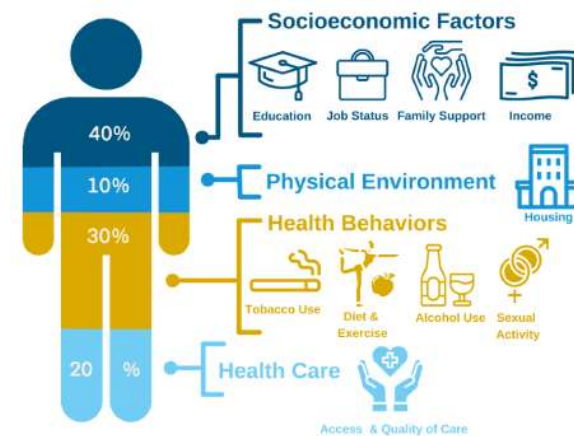
- Data driven, structured approach
- **Big Data** – e.g. Fingertips, Athena, Thriving Places Index, Deprivation data



Health – working together



- 1) **Define health**
- 2) **Data** – cohort / population
- 3) **Resources** – funding, staffing
- 4) **Prioritise** – maximise value



Building trust and relationships



Not necessarily about health at the start.

Lots of unknowns. Examples of conversations we have:

- What are you passionate about
- How can we help you become stronger?
- Can you help us understand the potential health benefits

Building trust and relationships



Interested in our partnership approach?

- You may already have some creative health ideas
- Or you may be curious or unsure on a way forward

Let's use today as a starting point for finding a sensible way of connecting with each other through the work Giles is leading on